

## COVID-19 Competition Regulations South Australia

*Before attending a tennis venue or playing tennis, you should consider your individual situation noting that the COVID-19 virus can spread very quickly and result in very serious medical complications in some people. Like any activities, there are some inherent risks involved and by participating you are accepting those risks.*

Please note that the below competition regulations are to be used in conjunction with the COVID-19 Community Tennis Guidelines for South Australia and must be strictly followed by associations and clubs running or participating in any competition. Tennis SA staff will be conducting spot checks at venues around the state to ensure these regulations are being adhered to as we return to play.

### **Before you play**

You must stay at home if you:

- Have been in contact with someone with COVID-19 in the last 14 days
- Have been overseas or exposed to someone with COVID-19 in the last 14 days
- Have flu-like symptoms
- Or are in a [high risk health category](#).

### **General principles**

- Please maintain a safe 1.5 metre distance between each other
- Communal changing rooms and shower facilities must not be used, however toilet facilities can be made available

### **Club responsibilities**

- Display COVID-19 signage at entrance
- Make hand-sanitiser and soap available to all participants
- 1.5 metre spacing clearly marked at entrance
- A club representative should be appointed to monitor venue on each competition day (this position could be held by multiple people throughout the day - playing or non-playing)

### **Pre-match**

- Bring your own equipment, including snacks and drinks (do not share with others)

### **On court**

- Change ends on opposite sides of the net
- Touch racquets instead of the regular pre or post match handshakes

### **Post-match**

- Consolidate scores
- Please leave as soon as possible

### ***Spectating***

- Only people core to playing should attend such as players, participants and operational personnel
- Arrive and leave as close as possible to when you need to be there
- Only one parent/guardian should accompany younger children where possible.

Thank you for your support and understanding. We all must continue working together to stop the spread of COVID-19. Please 'Get in, play, get out'.